

BROUGHT TO YOU BY:

GirdWood
ORTHODONTICS

Red Hot BLUES RUN 5K, 10K & 15K

**SATURDAY
AUGUST 6th**

Date: August 6, 2016 What? 5K, 10K and 15K Runs!

Check In Time: 4:30 pm - Run Starts at 7:00 pm

Kids Run Starts at 6:00 pm (Begins at Bike Trail)

Pre-register by August 5, 2016 at 4pm

Race will begin in Downtown Lebanon in front of the Golden Lamb

Come participate in the 11th Annual Red Hot Blues Run, and enjoy a great race in a lively atmosphere. The race is held in conjunction with the Blues Festival which includes great music, food and fun all located in historic downtown Lebanon. The running event is hosted by the City's Parks and Recreation Board, **with all proceeds going towards improvements to the City's park system.** For more information on the Blues Festival please visit www.lebanonbluesfestival.com.

Entry Fees:

Pre-Registration \$30 (t-shirt included)

Race Day Registration \$35 (t-shirt not guaranteed)

Online Registration:

www.GetMeRegistered.com or www.speedy-feet.com

Registration form available at:

www.lebanonohio.gov (click on community calendar)

www.speedy-feet.com

City Building - 50 S. Broadway Ave., Lebanon, OH 45036

Pre-Race Day Packet available on Friday, August 5th: 3:00 p.m. – 7:00 p.m.
at Buckeye Running Company, 4200 Aero Dr., Mason, OH.

Race Day Packet pickup and late and kids run registration August 6th:
4:30 p.m. – 6:45 p.m. in the rear parking lot of the City Building located at 50 S. Broadway Avenue. Run starts at 7:00 p.m. Complete results will be available online after the race at www.speedy-feet.com.

AWARDS

Prizes will be awarded to top three males and females in each category below:

Male Age Groups

11 & under, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

Female Age Groups

11 & under, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

Free Kids Run

12 and under

Course Description:

The run will begin in historic downtown Lebanon then run on the Lebanon Countryside YMCA Bike Trail
Visit www.lebanonohio.gov for a course map

For More INFO contact:

Scott Brunka at

513-228-3103

sbrunka@lebanonohio.gov



(detach and return this portion)

Race Distance (circle one)

5K 10K 15K Kids Run

Gender: M F

Name

Address

Birthdate

T-Shirt Size (circle one)

Youth: M L

Adults: S M L XL XXL

Phone

Age as of 8/6/16

Email

Make checks payable to and return to:

City of Lebanon

50 South Broadway

Lebanon, OH 45036

Race Waiver Form

List Any Medical Conditions: _____

In case of an emergency contact: _____

Name

Phone

Waiver: In consideration for the acceptance of my entry, I, for myself, my executors, administrators and assignees do hereby release and discharge the City of Lebanon and all sponsors and individuals assisting with the Red Hot Blues Run from all claims and damages, demands, and actions whatsoever in any manner or growing out of my participation in this event. I hereby attest and verify that I have full knowledge of the risks involved in this race, that I assume and pay my own medical and emergency expenses in the event of an accident, illness or other incapacity, regardless of whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in the race.

Participant's Signature

Date

Signature of parent if under 18:

Parent Signature

Date

